

5 Ways

You Can Help Prepare Your Child For Kindergarten



1. Reading is Key:

- Read books about Kindergarten such as *Froggy Goes to School* or *Mouse's First Day of School*.
- Read to your child daily, ask questions about the story, and explore various reading materials in your environment.

2. Independence Matters:

- Teach your child basic tasks like putting on their coat and shoes, blowing their nose, sneezing into their elbow, and washing their hands.
- Encourage them to do simple chores independently and praise their efforts.

3. Build Communication Skills:

- Assign tasks with one-to-two-step directions, like selecting and putting on clothes and brushing teeth.
- Make learning to follow directions fun with games like *Follow the Leader*.

4. Develop Fine Motor Skills:

- Strengthen finger and hand muscles through activities like drawing, writing, and using scissors.
- Provide crayons, paper, puzzles, and small toys for creative play.

5. Develop Social Skills:

- Provide opportunities for peer interactions and social activities.
- Talk to your child about sharing, taking turns, and resolving conflicts.